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Canterbury Elementary School Receives 2016 Let's Move! Active Schools National Award

Greendale, WI – Greendale's Canterbury Elementary School, 7000 Enfield Avenue, has been honored with the 2016 *Let's Move!* Active Schools National Award for its outstanding efforts in creating an active school environment. [Let's Move! Active Schools](#), part of First Lady Michelle Obama's *Let's Move!* initiative, is dedicated to ensuring 60 minutes of physical activity a day is the norm in K-12 schools.

The *Let's Move!* Active Schools National Award is the nation's top physical education and physical activity distinction for K-12 schools and celebrates the school's commitment to providing students with at least 60 minutes a day of before, during, and after school physical activity. Only 544 schools across the country achieved this prestigious honor in 2016.

Canterbury received a large display banner, National Award certificate and congratulatory letter from the First Lady as part of the *Let's Move!* Active Schools National Award package. The school will hold a celebration of the distinction next month.

Powered by a national collaborative of leading health, education and private sector organizations, *Let's Move!* Active Schools equips schools with the resources, programs, professional development and grants to increase physical education and physical activity opportunities for students, and to cultivate an Active School environment.

Active Schools are important because active kids do better. Regular physical activity not only helps kids stay healthy and strong, but it can also lead to: higher test scores; improved attendance; increased focus; better behavior in class; enhanced leadership skills; and a lifetime of healthy habits.

"We commend Canterbury Elementary's model work around enhancing physical education and physical activity opportunities and inspiring students to go from zero to sixty both in the classroom and in life," said Charlene R. Burgeson, *Let's Move!* Active Schools Executive Director. "Canterbury is leading the way in this generation-changing movement that is transforming our nation's schools into active and healthy hubs."

To earn a *Let's Move!* Active Schools National Award, a school must have met significant benchmarks in five areas: physical education; physical activity before and after school; physical activity during school; staff involvement; and family and community engagement.

This school year, in celebration of the 60th Anniversary of the President's Council on Fitness, Sports & Nutrition, *Let's Move!* Active Schools is excited to celebrate its National Award schools and to help more students accelerate their journey to leading a healthy, active lifestyle. In support the Council's [#0to60 campaign](#), *Let's Move!* Active Schools will provide school champions with continued information, resources, and inspiration needed to build healthier lives for future generations. Find out more about *Let's Move!* Active Schools at www.letsmoveschools.org.

ABOUT GREENDALE SCHOOLS:

Established in 1938, Greendale Schools is home to more than 2,600 students. The District prides itself in providing an outstanding education for all students from Kindergarten through twelfth grade at Greendale High School, Greendale Middle School, and three elementary schools (Canterbury, College Park and Highland View). Greendale Schools, in partnership with students, families, and the community, is committed to developing leadership, creativity, and educational excellence. By creating multiple opportunities for learning, each student's unique abilities are developed to achieve success and contribute positively to our global society.

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